



FOCUS WEEK 2022

Wed. Jan 5 ~ Tue. Jan 11

A week of prayer & fasting to focus on God's love for us

Purpose of Fasting

1. Lifestyle of Surrender

God's desire is for us to have His heart. Our hearts are to be aligned with God's.

2. To Shut Out the Voice of Our Flesh

The purpose of fasting is not to please God, but to benefit our soul.

3. To Walk by the Spirit, United with God

Gal 5:16

"But I say, walk by the Spirit, and you will not gratify the desires of the flesh."

4. To Live a New Lifestyle

To cast off old values, thoughts, perspectives, motivations, legalistic thinking, etc. We do not let the old things into our new lifestyle.

Benefits from fasting

We are able to see God's heart clearly and understand His truth and knowledge. Fasting enables us to see God's revelation, strengthens our faith, and helps us see what He has in store for us. It also takes our spiritual blindness away and helps us walk with the Spirit.

Life Church Prayer Points		
Focus Points	Prayer Points	Scriptures
Salvations,	Prayer for those not saved - friends and family; and for those not attending church to be reconnected to Christ and the body (church family) For decisions to receive baptism	Col 1:17-23 Eph 2:8-9 2 Cor 5:21 Col 2:11-15
Deliverance, Healing, Restoration	Complete healing – mind, soul, body freedom from the past, addiction, sickness, restoration of the heart and mind, restoration of family issues, relationship with God, relationship with spouse, relationship with children, and relationship with friends.	Is 53:4-6 John 19:30 Acts 4:29-30 Mark 16:15-18
Osaka, Japan, and the Churches in Japan	Experience God's love, Standing in God's truth and the true Gospel Receiving & sharing the Gospel.	Col 1:3-6 Psalm 2:8 John 14:14
Life Church and Its Communities -Kingdom men -Precious women -Youth -Kids	That everyone would experience the love and grace of God, experience God's truth, salvation, healing, deliverance, freedom, and knowing their identity as a child of God	John 4:23-24 John 8:32 Eph 3:14-21 Col 1:26-29 1 Pet 3:15 Eph 4:12 1 Thes 5:11-14 Col 1:28 Eph 5:1-33
Outreach Opportunities	Pastor Kelly and family - For strength and wisdom as they share the gospel in Hope Church for Wenatchee, protection over her and her family. Rinpokan (Oyamazaki & Tsubasa) We would be given opportunities and open doors to more areas of outreach both here in our city, Japan and overseas.	Matt 28:18-20 Acts 3:1-9 Matt 9:35-38 Acts 1:8 Matt 5:14-16 Luke 10:33-35

Focus Points	Prayer Points	Scriptures
Finance	For an increase in finances, for wisdom to be good stewards of what we have been entrusted with.	2 Cor 9:10-15 John 6:11-13 Malachi 3:10-12
Pastors Ryan & Yukie Their Kids -Justin (10) -Alex (6) -Grace (2)	For unity, wisdom, and guidance in leading & serving Life Church. That each of them would be strengthened, protected, and blessed in every area of their lives.	Col 1:9-12 Eph 4:2-3 Eph 4:11-13 Matt 6:33
Pray for Israel	The nation of Israel would receive the salvation given to them by Jesus on the cross. They would accept him as their Messiah.	Is 62:1 Zachariah 12:8-9 Joel 2:32 Psalms 132:13-16
Government, Schools, Those who are in authority over us	Our leaders would have God-given wisdom and guidance to lead us as a nation forward.	1 Tim 2:1-4 Psalms 22:27-28 Jeremiah 17:7-8

If you have any testimonies or scriptures you received during the focus week that you would like to share with us, please email us to: testimony@lifechurch.jp